# Indiana Department of Correction



# **Indianapolis Re-Entry Educational Facility**

401 North Randolph Street Indianapolis, Indiana 46201 (317) 639-2671

Laurie Johnson Superintendent



# **About Indianapolis Re-Entry Educational Facility**



## History

The Indianapolis Re-Entry Educational Facility (IREF) was opened as restricted minimum-security facility for adult male offenders on January 13, 2006. This Indiana Department of Correction (IDOC) facility was converted into the nation's first correctional facility dedicated to re-entry after serving as the Indiana Boy's School for over 100 years. IREF relocated to the city of Indianapolis on December 16, 2009 at the site of the former Indiana Women's Prison.

### **IREF Mission**

The mission of the Indianapolis Re-Entry Educational Facility is to maintain public safety in an environment where programming educates, trains, and inspires residents to be prepared for successful re-entry into the community; sustain a lifestyle consistent with our social and family values in order to continue to live as law-abiding citizens.

#### **IREF Vision**

The Indianapolis Re-Entry Educational facility uses best correctional practices to protect the public while providing Residents the skills for successful reintegration into the community with the goal of reducing recidivism.

## Goal

IREF continues to maintain public safety while providing residents the skills required for successful reintegration into the community, with the ultimate goal of reducing recidivism. In an effort to meet theses goals, IREF attempts to deinstitutionalize its residents by providing them free movement inside a secured perimeter fence in a culture similar to civilian society.



# **IREF At-a-Glance**

- Maximum population: 420
- Since 2006, IREF has prepared thousands of residents for successful return to the community.
- In order to foster an environment conducive to civilian society and to deinstitutionalize the population. Offenders are referred to as "Residents".
- Re-entry Specialists maintain low caseloads in order to provide individualized case-management services to residents.
- Residents are held to high standards of conduct; those who do not meet IREF standards for behavior, attitude, or participation are terminated from the program and returned to higher security level facilities.
- Residents who have completed the IREF program are released to all 92 counties in Indiana to better assist with transition and employment.
- Residents are allowed to and encouraged to wear civilian clothing (per facility-specific rules and regulations).

# **Programming**

**Vocational** 

**Family Education Community Service** 

**Religious** 

**Re-integration Programs** 



# **Oakland City University**

In August 2012, Oakland City University (OCU) partnered with the Indiana Department of Correction to provide adult educational services comprised of GED, literacy, and vocational programs to adult offenders statewide.

These facilities include: Oakland City University provided educational programs at Branchville, Madison, Miami, Rockville, New Castle, IREF, and Indiana Women's Prison

Residents who enroll in and pass OCU classes while incarcerated have the opportunity to be fully enrolled OCU students. Upon their release from prison and subsequent enrollment at an OCU Campus, they will receive prior learning assessment credit toward certificate or degree programs and will have the option to finish their education.

At IREF, OCU offers Culinary Arts, Business Technology and Building Maintenance vocational programs, as well as an academic program leading to a General Equivalence Degree (G.E.D.).





# **Culinary Arts**





This program provides students with the knowledge and skills necessary for entry-level positions in the food industry. Students learn food safety, through the ServeSafe Certification Program, and preparation skills and use them to prepare and serve various types of meals.

Students enrolled in the IREF Culinary Arts Program, taught by OCU instructor, Dennis Brady, undergo a rigorous

application admissions process and months of classroom instruction that will earn them valuable skills needed in the hospitality industry. The skills learned in the OCU course increases the likelihood of participants finding viable employment upon release from incarceration, therefore decreasing recidivism.



# **Business Technology**



Provides students with the fundamentals of keyboarding using the touch method. This program emphasizes mastery of the keyboard, developing and applying formatting skills, and improving speed and accuracy on a personal computer using up-to-date software. As well, it introduces the concepts of word processing systems, offering hands-on experience in the operation of a specific word processing software package. Emphasis is placed on applying communication and language arts skills, and developing document production techniques. Students will achieve the ability to utilize email components, including managing schedules, folders and contacts, organizing words using tasks and notes, and customizing email features. Students will gain an in-depth understanding of worksheet design, charting, whatif-analysis, worksheet database creation and manipulation, and Object Linking & Embedding. Knowledge and use of a spreadsheet will be applied to various business applications, including spreadsheet integration.

# **Building Maintenance**

This program introduces students to the basics of building maintenance. Students will cycle through all aspects of building maintenance and put that knowledge to use in facility related projects with the goal of returning to the workforce in a related area following release.



# **IREF Apprenticeship Programs**

#### **Aramark**



#### Inmate to Workmate (Part 1)

The Inmate to Workmate Program Kitchen Basics teaches food preparation, food sanitation, and food service. **Refer**ral/Application Required

#### Inmate to Workmate (Part 2)

The Inmate to Workmate Program Retail Basics teaches food preparation, food sanitation, and food service. The class builds on the lessons learned in Part 1 of this program.

#### Inmate to Workmate (Part 3)

The Inmate to Workmate Program Serv-

Safe teaches food preparation, food sanitation, and food service. The class builds on the lessons learned in Part 2 of this program. Participants will have the opportunity to test for the Serv-Safe Certification as a result of this program and has the opportunity to secure employment with Aramark upon their release. The Serv-Safe certification is a nationally recognized competency and knowledge test in the food service industry.

#### Inmate to Workmate (Part 4)

The Inmate to Workmate Program teaches food preparation, food sanitation, and food service. The

class builds on the lessons learned in Part 3 of this program.

## **Facility**

The Facility Apprenticeship Program, which is recognized by the United States Department of Labor, assists residents in learning various employment-related skills. The follow Facility Apprenticeship Programs are offered at IREF:

- \* Automotive Technician (2000 hours)
- \* Database Technician (2000 hours)
- \* Office Manager/Business Administration (Clerk 3000 hours)
- \* Landscape Management (2000 hours)
- \* Housekeeper (Sanitation 2000 hours)
- \* Paralegal (6000 hours)
- \* Teacher's Aid (4000 hours)
- \* Building Maintenance Repairer (Maintenance 4000 hour program)





# **Community Service Programs**

#### **Becoming a Better You:**

The objectives of this course are to promote self-examination, self-discipline, goal setting, develop habits, ability to discern between needs and wants, and explore ones own talents. This is an 8-week program. *Becoming a Better You* class meets each Tuesday at 7:00pm in the Educational Building-Multipurpose room B. **Referral Required** 

#### **CDL Preparation Course:**

This is a six week resident-lead course which provides residents with information on the trucking industry and prepares residents to take the CDL exam. Residents must have a referral for participation in this class. The class meets each Monday and Wednesday from 4:00- 5:00 pm in the Educational Building-Multipurpose room B. **Referral Required** 

#### **Changing Lives Through Literature:**

This class meets every Tuesday from 7:00pm to 8:00pm for 8 weeks. This class originated in Massachusetts and was designed to find alternatives to incarceration. It is essentially a reading group that allows participates to make connections with the characters or ideas in the text and to rethink their own behavior. **Referral Required, currently in-active** 

#### **Communication 101:**

This class meets for six weeks and is designed to teach better communication skills. Communication Skills are a valuable resource in interviewing, relationships, and daily interactions with others. This class teaches basic communication skills such as listening techniques, visual cues, and speech enhancement. **Referral Required** 

#### **Conversational Spanish I:**

This resident-lead class meets each week for 10 weeks to cover Spanish language basics. There is a mix of conversation, activities and homework. The purpose of the class is to create a strong foundation for future learning. Introductions, emergencies, numbers, time, seasons, present verb forms, family, places, and directions will be covered. Only voluntary participation is permitted because the class requires participation in and out of the class. **Referral Required** 

#### **Conversational Spanish II:**

This class meets each week to cover Advanced Spanish language. There is a mix of conversation, activities, and homework. The purpose of the class is to create a stronger foundation for future communication. Sentence structure and advance verb forms as well as more in-depth vocabulary will be covered. Only voluntary participation is permitted, because the class requires participation in and out of the class. **Referral Required** 

#### PNC - Get Smart About Credit:

This program provided by PNC Bank staff teaches residents how to manage money, create a budget, how to read a credit report, etc. This class meets each Wednesday at 4:00pm for six weeks on a quarterly basis. **Referral Required** 

#### **Healthy @ Re-Entry:**

This is a program that offers the resident information on sexually transmitted diseases, safer sex practices and healthier living choices. The duration of this class is seven (7) weeks. Residents who complete this program are automatically referred to meet one-on-one with representatives from the Step-Up program. **Referral Required** 

## **IUPUI's Inside Out Prison Exchange:**

The Inside Out Prison Exchange Program is an opportunity for a class from IUPUI and a group of residents to exchange ideas and perceptions about a given college course subject. It is a chance for all participants to gain a deeper understanding of both the criminal justice system and of ways that society responds to people that violate the laws. IUPUI students are referred to as the "Outside Students" and



to the I.R.E.F. students are the "Inside Students". This course is offered at different times throughout the year with class dates and times varying. **Referral Required** 

#### **IUPUI Occupational Therapy Fieldwork**

The IUPUI School of Occupational Therapy hosts a program for long-term residents (10 years or more) for 5 full Fridays. The morning portion will consist of classroom discussion and the afternoon portion

will consist of individual meetings. The program is designed to assist in the re-entry of long-term residents by providing them with relevant information in a multi-faceted format. The specific topics covered will vary each session depending on the students and residents participating. Examples of topics covered are finance, technology, transportation, community resources and entertainment. **Referral Required, currently in-active** 

#### **IUPUI** Reading Club:

This class is available for Residents that have finished the IUPUI Inside Out class. It allows residents the opportunity to receive new books to read that are provided by the instructor, with a chance to review the material read and have a group discussion. **Referral Required** 

#### **Mentor Sessions:**

The purpose of these sessions is to prepare the resident for re-entry. The mentor acts as a role model and as an extension of the community. These men give insight, experiences, and impart wisdom to those who want to break the cycle of recidivism. **Referral Required** 

### **Naptown Knitters**

This group meets Wednesdays and Sundays 4:30pm-6:00pm in the Library. It offers an opportunity for residents to learn to knit for a charitable cause and enjoy a positive atmosphere with residents and volunteers working together. Interested residents should contact Community Services.

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This program is designed to assist residents with various topics related to reentry and life skills. Some of the topics



covered include: job hunting, technology, finance, resumes, interviewing, mock-interviewing, social media, and small business ownership. The facilitators are open to adjust the curriculum based on the interest. **Referral Required.** 

#### **Prison SMART:**

This class focuses on teaching the participants how to channel their negative energy into positive energy. The program is designed to offer productive means of dealing with life stressors and anxiety, which many individuals deal with, through meditation, stretching, and breathing exercises. There are 3 phases to this program. This program is facilitated by outside volunteers and done by referrals only. The class meets at various time depending on which phase is being taught. **Referral Required** 

#### **Purpose Driven Life:**

This class is based on the book written by Rick Warren to answer the question of, "Why do I exist and what is my purpose?" This biblically-based program enhances the search for the inner self, serves as a guide to life and provides direction for the future. **Referral Required, currently in-active Quiet Strength:** 

This 12-week panel of discussion focuses on the six guiding principles outlined in Coach Tony Dungy's book "Quiet Strength." Each week will focus on a key principle and specific passages from the Bible that support those guiding principles. **Referral Required, currently in-active** 

#### **Resume Workshop:**

This 3-session class meets each Thursday. Each phase focuses on separate issues concerning professional resumes and cover letters, interviewing techniques, as well as job search. This workshop is designed to equip individuals with necessary tools to be successful in their job search. The class meets each Thursday at 5:15pm in the Educational Building-Multipurpose room B. **Referral Required** 

#### **Seven Habits of Highly Effective People:**

This 8 week class is based on the Stephen R. Covey book "Seven Habits of Highly Effective People". Stephen covey outlines a seven-course meal on how to take control of one's life and become the complete, fulfilling person one envisions. It is a satisfying, energetic, step-by-step book that is applicable for personal and business progress. **Referral Required** 

#### **Toastmasters:**



Learn proper speech etiquette and techniques, and communication skills to give you the edge in business and personal matters. Remember, the door to success involves interaction with others, and communication is the key to open the door to a world of unlimited opportunities. **Open Attendance on Saturdays from 5:00pm-6:00pm.** 

#### **Uncommon:**

The class is based on the new Tony Dungy book, Uncommon. This class will encourage the resident to examine his life and aspire to a truly uncommon life of integrity, influence, honor, and faith. **Referral Required** 

#### Yoga

This program meets Fridays and Saturdays from 5:30pm-7:30pm. Yoga provides a mind/body connection through meditation, posture, poses, stretching, breathing techniques. It is facilitated by both residents and volunteers. **Open Attendance.** 





# **Family Education Programs**

#### **Child Visitation Center (CVC):**

The Children's Visitation Center is a program where the residents can visit with their children on a one-on-one basis and re-establish their relationship with them. Residents eligible for this program are also eligible for special holiday events.

#### Reading With Dad and Me:

The Reading with Dad and Me Program allows the resident to pick an age appropriate book for their child(ren) and read it to them via DVD. The caregiver needs to give their consent in order for the book/DVD to be mailed to the house. This promotes literacy and gives the child (ren) of the incarcerated fathers a chance to not only hear them, but to see them as well. The child gets to keep the book and the DVD. Residents must have completed Inside-Out Dads/24-7 Dads to be eligible for this program. Eligible residents are contacted by Family Education Department staff.

#### **Quenching the Father's Thirst:**

This eight week program trains men to become responsible father/father figures that love and lead their children to success. Utilizing the Paternal Systems Theory it is designed to: Provide an understanding of the role of the father, address the systemic barriers to fathering, and provides skill training in becoming the father his child needs. Days and times are varying. **Referral Required** 

#### **Inside Out Dads:**

The class focuses on bridging the gap between the fathers and their children while still incarcerated. This class teaches the fathers new communication skills and also gives them the perspective of other fathers who are facing similar challenges. This class runs for 12 weeks at varying days and times. Residents who complete the Inside Out Dads' class are then eligible to participate in the Children's Visitation Center and the Reading With Dad and Me program. **Referral Required** 





# Religious Programs

All services and programs are open attendance unless otherwise stated.

### **Community Involvement Support Members:**

Volunteers support for each dorm. The volunteers offer "sharing and caring" for their particular dorm. A short Bible Study towards the end of the visit may be provided if desired by the residents. The volunteers serve as an extension of the communities reaching out to the residents.

Catholic Services: Tuesday (every week) @ 7:00 P.M. in the chapel.

Christian Worship Services: Sunday services (every week)

9:00 A.M. worship service in the chapel 6:30 P.M. worship service in the chapel

## Thursday service (every week) @ 6:30 P.M. worship service in the chapel

On the first Sunday of every month, during the 9:00 A.M. Communion Service, you have the opportunity for your family to come into the facility to take part in the worship service with you. You must come to three services within the month and sign the log book. Then you must put a request slip in to your specialist at least 7 to 10 days before the service in order to receive approval. You are allowed to have two guests attend, not counting lap children; (guests must be on your visiting list).

## **Christian 12 Step:**

This is a resident-led program that meets for 12 weeks on Wednesdays from 6:00pm-8:00pm in the Mentor Room in Community Services. It entails 12 steps in scriptures that relate to every aspect of a resident's life. The resident will write and read scriptures and relate it to their own lives. There is also a study of the gospel of John. Residents learn to enhance their lives through self-examination, a deepening relationship with God, and a realization of His healing power. Residents interested may speak with Resident Cooper in Community Services, Chapel Basement.

#### **Islamic Services:**

Friday service (weekly) @ 1:00 P.M. Jumm'ah in the Education Building Multipurpose room A



**Saturday:** Arabic Study (weekly) @ 9:00 am -10:00am in the Education Building Multipurpose room A **Saturday service** (weekly) @ 1:00 P.M. Ta'leem in the Education Building Multipurpose room A **Sunday:** Quaranic Study (weekly) @ 1:00pm in the Education Building Multipurpose room A On the fourth Friday of every month during the 1:00 P.M. Jumm'ah service you have the opportunity for your family to come into the facility to take part in the service with you. You must come to four services within the month and sign the log in book. Then you must put a request slip in to your specialist at least 7 to 10 days before the service in order to receive approval. You are allowed to have two guests attend, not counting lap children; (guests must be on your visiting list).

#### **Jewish Services:**

The Jewish community meets  $2_{nd}$  &  $4_{th}$  Wednesday @ 2:30pm in the Educational Building-Room #116. The service is facilitated by an outside volunteer.

## **Moorish Science Temple Services:**

Friday Service: meets each week from 5:00pm-6:00pm in the Chapel

**Sunday Service:** meets each week from 9:00 am to 10:00 am in the Educational Building, Multipurpose On the third Friday of every month in the Educational Building, room 115 during the 1:00 P.M. service, you have the opportunity for your family to come into the facility to take part in the service with you. You must come to three services within the month and sign the log in book. Then you must put a request slip in to your specialist at least 7 to 10 days before the service in order to receive approval. You are allowed to have two guests attend, not counting lap children; (guests must be on your visiting list).

#### **Native American Services:**

This service is provided for all those residents who walk the Red Road, or are interested in Native American spirituality. Outside volunteers assist in traditional smudging, the singing of songs, and prayers. If you are interested the group meets Mondays at 6:30pm in the Educational Building room #115.



On the third Monday of every month during the 6:30 pm service, you have the opportunity for your family to come into the facility to take part in the service with you. You must come to three services within the month and sign the log-in book. Then you must put a request slip in to your specialist at least 7 to 10 days before the service in order to receive approval. You are allowed to have two guests attend, not counting lap children; (guests must be on your visiting list).

## **Mentoring Fellowship:**

This group meets Fridays from 6:30pm-8:00pm. It is facilitated by volunteers who relate the Bible to life lessons. The topics vary and are sometimes accompanied by music. It meets in the Library. **Open Attendance.** 

#### \*Wiccan Services:

This service is provided for those residents who follow earth-based religions. It meets every Wednesday at 6:30 pm in dining hall over flow room.

### **Beyond the Chains:**

This study meets each Monday in the chapel from 7:00pm-8:00pm. It involves various Christian books that are discussed and studied as a group. Each person involved will be provided with the current book the class is discussing.

## **Empowering Men:**

This Bible study involves outside volunteers sharing with residents from the scriptures and their personal lives. The service meets each Wednesday evening in the Chapel at 6:30pm.

## **Pastor Bumphus Bible Study:**

**Saturday Study** (every week) Pastor William Bumphus from the "Jesus House" ministry in Indianapolis leads a Bible discussion from 1:00pm-3:00pm in the Chapel.

# **Prison Fellowship:**

This class meets every Thursday evening from 5:00pm-6:00pm. The class is facilitated by outside volunteers who researches and studies various concepts from the Bible. This is an open attendance class. The class meets each week in the Chapel.

## **Gospel Proclamation Service (GPS):**

This service is conducted by the Chaplain every Sunday afternoon at 1PM. This service is designed for residents to come together for a moment of praise and worship, and to discuss any concerns within the religious community.

## Mt. Pleasant Bible Study:

This Bible Study meets every Monday from 5:30pm-6:30pm. It involves various Christian topics that are studied as a group.

# **Specialized Programs**



#### Reformative Residential Re-Entry Program (RRRP)

The RRRP Program, which opened in January of 2012, is a character based housing unit that centers on 4 core values – honesty, tolerance, caring and personal responsibility. Residents must complete an application and interview process to be accepted into the program. The following classes are available in this program: Inside Out Dad's; Walking the Line; Family Matters; Values for Responsible Living/Getting it Right: Responsible Thinking; Victim Impact; Coffee Talk (Core Values in Practice). There are three primary require-

ments that must be fulfilled in order to successfully complete the Reformative Residential Re-Entry Program (RRRP). This includes the following: be housed on the unit for full six (6) months; complete all core curricula; and complete at least 125 hours of voluntary community service. Upon the successful completion of the program, residents may be eligible for additional earned credit time for up to three (3) months. **Referral and Acceptance Required.** 

#### **Indiana Veterans Education & Transition Unit (INVET)**

The INVET Unit opened in January 2011 and is comprised of veterans from all branches of service. It is the only veteran-specific unit in the state. Eligible residents will meet with a Specialist and if they meet

criteria, will move to the unit once their orientation is complete. It has the newest American Legion Post in the Indianapolis area in the past 30yrs. The Post holds fundraisers and donates to local community organizations. It also has specific programming and mentors to accommodate the special needs of military veterans.

#### Dress for Re-Entry (D4R)

Dress for Re-Entry is comprised of donated clothing items that are available to eligible residents. Residents may obtain clothing through their Specialist for their daily lives at IREF, a specific work crew and also upon their release. This program makes civilian



clothing accessible to residents to facilitate a more re-entry minded atmosphere at IREF. **Referral and Approval Required.** 

#### Thinking for a Change (T4C)

This class uses evidence-based cognitive behavioral curriculum that is nationally recognized by the National Institute of Corrections (NIC). This curriculum includes lessons focused on the development of social and problem solving skills in a group setting. **Referral and Assessment Required.** 

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